



Bay Area Houston

Gastroenterology Associates

EGD – Upper GI Endoscopy

You are scheduled for an **EGD** on _____.

Your procedure is scheduled at Bay Area Houston Endoscopy Center located at 1015 Medical Center Blvd, Suite 1200. Arrive at: _____.

Your procedure is scheduled at Memorial Hermann Southeast Hospital. Report to Outpatient Services located on the 2nd floor. Arrive at: _____.

Please follow these instructions for adequate preparation for the procedure. If you have questions, or if this time is no longer convenient, please call our office to reschedule. (281) 338-2861

Day before the examination: Date: _____.

-PLEASE DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE. Except medications and only after the doctor approves them.

Day of the examination: Date: _____.

-YOU WILL NOT BE PERMITTED TO DRIVE OR WORK AFTER THE TEST. PLEASE ARRANGE FOR TRANSPORTATION FROM THE ENDOSCOPY CENTER. YOU MAY NOT TAKE PUBLIC TRANSPORTATION.

- You may take heart and lung medications with a small sip of water. Do not take insulin or other diabetic medications.
- Take the day off from work and do not make any major decisions this day.
- Please bring your insurance card and medication list with you for registration.
- Please leave jewelry, cash and personal belongings at home.